

Merry
Christmas!



Happy
Holidays!

Myers Family Christmas Letter 2015

iFeliz
Navidad!

Fröhliche
Weihnachten!

Christmas 2014 found everyone at the Myers' house for dinner. There is always a lot of food, a good collection of presents and time spent around a table.



Christmas 2014 at the Myers

Christmas was special in many ways. Erika was home for six weeks from Thanksgiving through New Years and the three of us enjoyed living in the same house. It was fun! We celebrated a birthday, baked cookies, and family excursions in Rochester. While Erika is getting older, she finds her parents are not, as they are out and about more than she is.



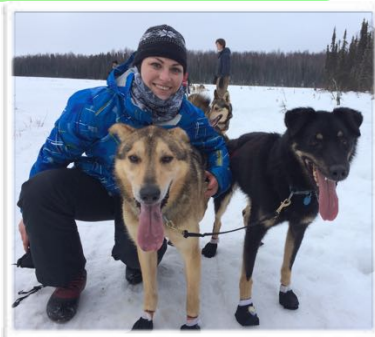
Christmas 2014 @ Baba's

In January we took Erika back to Boston to finish up her pharmacy program. We knocked something off our bucket list, by taking her and some friends to the Ice Bar at Faneuil Hall. It was very cold and really made of ice. After that,



Ice Bar @ Faneuil Hall

winter really started in Boston. February brought a record 102 inches of snow, resulting in a challenging winter in the city. A residency interview in Anchorage Alaska had to be rescheduled due to Boston snow, not the snow in Alaska! When she finally arrived, the temperature was over 40 and she had to travel 50 miles north to find enough snow for a sled dog adventure.



A ride with iditarod champion sled dogs

Tom and Mary headed to New Orleans, a city we enjoy. Days were full of continued exploring of the city. We walked along the river, did a guided walk around town, discovered the first pharmacy in the USA, ate delightful things in delightful places and reconnected with a businessman we had met three years before. John Dunn is our go-to guy for all things NOLA and his continuing story of building his business is fascinating. Our timeshare was at the



New Orleans at Road Kill with John Dunn

base of Frenchmen St and Decatur. We would listen to music on Frenchmen then walk down the street and be home.

April brought Erika's last USA Powerlifting Collegiate Nationals in Atlanta, GA. Erika won second place in the 72 kg weight class and clenched the Collegiate American record for the 2nd highest women's bench. Her numbers were: Squat: 192.5kg (424.4lbs), Bench 120kg (264.6lbs), Deadlift 185kg (407.9lbs) for 497.5kg (1096.8lbs), wilkes 493.02. A dear friend, Lauraileen O'Connor, came in from Maryland to be with us. She is always supportive of Erika and is an



Erika's Last Nationals. Go Team Myers!

opportunity to explore Myrtle Beach, Merrill's Inlet, Georgetown, Brookgreen Gardens and Charleston, SC. The adventure ended with an overnight in Savannah, Georgia. Being on the ocean is always rejuvenating and the beautiful landscapes of Brookgreen with its oaks and sculptures were impressive.

Mary still volunteers at the Susan B Anthony Museum. In April the House turned out to cheer on the marathon runners who ran past the house.



Susan B Anthony Supports Runners



Lauraileen in Atlanta at Collegiate Nationals supporting Erika



Oh the places you'll Go!

May 2015 was Erika's Graduation. It consisted of two ceremonies. The first was just for pharmacy students. Each was hooded and had their Pharmacy Doctorate conferred upon them. Yeah, it was a big deal for us and we now have a doctor in the family! The next day, Erika joined Sophia Veiras, her

outstanding role model for her. Team Myers was a Bronze Level supporter of the competition and we were on the competition banner and official t-shirts. The competition MC is an original and our very own Gino, the announcer. He always adds a special flair to events and overall we are suffering a withdrawal from experiencing the energy surrounding competitions involving the Northeastern Powerlifting team. After the Nationals Mary and Tom took the



Gino the Announcer

apartment-mate, teammate and very best friend as they both had their graduate degrees acknowledged in the larger ceremony. "Soph" received her Doctorate in Physical Therapy. The two had a joint celebration as the dynamic duo they are. Erika is dating a mechanical engineering major and fellow powerlifter, Matt Hughes. We also think he is a nice guy. In May the two traveled to Rochester to continue the celebration with family and friends. She has greatly appreciated the unwavering love and support of all those around her throughout this challenging but successful chapter in her life.



The family gathers for Erika's Graduation



Northeastern Powerlifting Team Atlanta 2015



Sophie, Coach Big Mike & Erika



Matt & Erika

Summer found Erika moving to Lebanon, NH and the Dartmouth Hitchcock Medical Center to begin her clinical pharmacy residency. She works long hours and many days in a row at the hospital. Erika travels back to Boston to help coach her college powerlifting team. We are getting to know Vermont because Route 4 to New Hampshire goes through it. Her residency ends in June 2016 and the next phase of work life begins. She has a room at a nice house overlooking Mascoma Lake and it is a short ride to work. As part of her graduation gift she got the Toyota Camry as she needed a car. It had 204,000 miles on it when she took it. She has already added a good 10,000 more!

While Tom and Mary are bidding farewell to frequent trips to Boston, we are still visiting places we want to see. Lilacs in the Emerald Necklace at graduation was one of them. Our park in Rochester



Boston Duck Boats Selfie



Olmsted's Arnold Arboretum

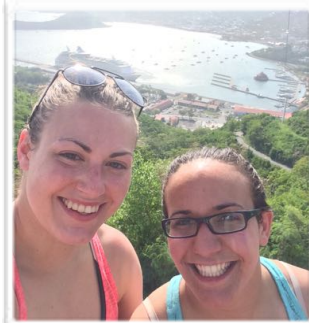
is tops, but the lilacs were beautiful and the park there is an Olmsted creation. We were also there for the Fourth of July. Visiting some of our favorite sites and walking the city continues to fascinate. The fireworks on the Fourth were beautiful and the people watching was first class.

In May TEDxFlourCity held their fourth main event at Kilbourn Hall. It was a great success with over 420 people attending along with 18 excellent speakers. Tom was one of the organizers and Mary was a volunteer. The following week we immersed ourselves into the Xerox Rochester International Jazz Fest. Great music with 221 Shows at 13 Venues, lasting 9 days, what fun!



TEDxFlourCity 2015

After Erika graduated, Mary and Tom donated their timeshare week to Erika and Sophie for a vacation in St Thomas in the Virgin Islands. They had a wonderful time, snorkeling, hiking, swimming and enjoying the sun. They were even able to work out



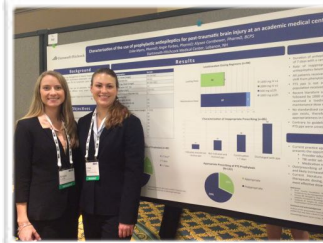
The dynamic duo takes on St. Thomas

with the Virgin Island Powerlifting Team. When not playing, they were preparing for their licensing tests. They had a great location to study.

Now there are trips to NH where we explore covered bridges and the Dartmouth College campus. Mary discovered the Orozco mural in the reference room of the Dartmouth library. Tom found the Assyrian Reliefs in the Hood Museum. The Geisel Reading Room in the library is a welcoming place to sit and rest. So much history and connections to famous people, who studied here! In December Erika attended the American Society of Hospital Pharmacists 2015 Midyear Clinical Meeting. It was held in New Orleans for which she created and presented an informational poster.



New Hampshire near Erika's



Angie and Erika with their Poster

Tom continues to have season tickets with Jim Berube to the Rochester Rhinos Soccer team. This year they won the USL championship! Afterwards they had a bar tour with the trophy so when they went to Mary and Tom's favorite place, Tom had to

join them.



Tom & Jim at Rhino's



Rhino's Win USL Championship!

"Boring people are bored" There is so much to do in Rochester - from Fringe Fest to "Deck the Town" in College Town to events at the American Association of University Women (AAUW) and our favorite bar, Roc Brewing, our version of Cheers, where everyone knows your name.



"Deck the Town" at College Town



Craig and Mary Jo at AAUW



Mary & Christine at AAUW

Mary gave Tom an early birthday gift, front row tickets to see "Jazz at Lincoln Center Orchestra with Wynton Marsalis" at the Eastman Theatre. WOW! They were great!



Side display at Kodak Hall

Thanksgiving was at the Mary K and Family house. There was a California cousin, Jane Starowitz, and her family. It was fun to meet them and celebrate with everyone. The nieces are doing well. Kate is getting ready to graduate from SUNY Geneseo and is applying to graduate schools. She did an internship in NYC last summer. Lauren is studying in Seville, Spain this semester then back to

Villanova for the spring semester. Liz is still playing volleyball, in the 10th grade and looking forward to driving after her next birthday. They are going to Spain to spend the Christmas holiday with Lauren and experience Seville.

Tom needs help from all the relatives! The family tree is not up to date and has errors. The website is shown at the bottom and has all the known family tree information. As our parents have mostly passed on, it is up to the next generations to keep this information current. Email any changes you know to Tom and he will update the family tree.

Wishing you all a great 2016!

The Myers

Mary, Erika and Tom



Thanksgiving 2015 at the Stars



TomMyers@itainc.com 585-752-1803

ErikaMyers@itainc.com 585-752-7249

MaryMyers@itainc.com 585-281-5698

Family Tree: www.itainc.com/MyersFamily



Florence Mazzie
2011



Ralph Mazzie
2000



Peter Dziuba
2007



Sandie Mazzie
2005



LaVerne Myers
2014



Carol Myers
2011